



TRAUMA HEALING AND RECONCILIATION SERVICES
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GUBGANEZA HILL

The Hill is *Gubganeza* a Kirundi term which means “Be Refreshed”, because of its calming, pure air and tranquility. It is a natural and beautiful location right outside the Gitega city, in the center of the country of Burundi. It is the perfect venue for a spiritual retreat. It is also a nourishing setting for conferences, workshops and training courses.

Facilities

The facilities and programs offered at the *Gubganeza* Hill are both inspirational and practical, underpinned by the Quaker values of equality for all, simplicity, peace, truth and sustainability. Many visitors say that they experience a palpable sense of peace when they walk on the *Gubganeza* compound.

We believe that our values, our service and our setting will inspire and rejuvenate you and your group, leading to a truly successful conference, workshop or retreat.



Offices, Library/Resource room and Listening Rooms

Retreats

Retreats may be individual or organized. A retreat for you may mean a change to deepen your relationship with God, to explore or focus on spiritual practices or just to step back from the busy routine of day-to-day life and spend some time considering who you are and what you are going. You may want to take advantage of an individually guided retreat where you can wait in the Spirit with the support of a retreat companion as you work through issues in your life.



Chapel and Prayer Room for Individual Retreat

Training and Education

Training and education programs cover spiritual and psychosocial topics relating to healing, reconciliation and peacebuilding. For example, you may choose to participate in a training course on the psychology of peace, theology of

reconciliation, or conflict transformation skills and practice. Experiential workshops focus on trauma and healing of memories, using listening and creativity as a means of personal expression and renewal.



Spacious teaching or training and workshops facilities



The Gubganeza Hill

Refreshing Hill

Gubganeza has a rhythm of prayer and reflection that follow a way of life that is spiritually,

psychologically and environmentally sustainable.

It provides a place of peace and safety where God's healing touches to every seeker and where God's refreshing Spirit empowers everyone who hungers and thirsts for renewal.

Contact details for your reservations:

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